

1	Michel	Hanigan	New York	RABBIT	STANDING BOW	STRETCHING	SPINE TWIST	SHOULDERSTA	BOW	2:38	-0.5	N	-1.0	-0.5		
2	Scott	Watrous	New York	RABBIT	STANDING BOW	STRETCHING	SPINE TWIST	TRIANGLE	CROW							
3	Craig	Friedman	New York	RABBIT	STANDING BOW	STRETCHING	SPINE TWIST	TIGER	SIDE ANGLE	2:49		-0.5			-0.5	-0.5
4	Victor	Clement	California	RABBIT	BOW	STRETCHING	SPINE TWIST	UPWARD STRE	LIFTING LOTUS	2:25		-0.5				
5	Mike	Zwolinski	Massachusetts	RABBIT	BOW	STRETCHING	SPINE TWIST	ARCHER	STANDING BO	2:51						-0.5
6	Michael	Peck	Arizona	RABBIT	STANDING BOW	UPWARD STRETCH	SPINE TWIST	ARCHER	SHOULDERSTA	2:23						
7	Leo	Szymanski	Maryland	STANDING HEAD T	STANDING BOW	UPWARD STRETCH	SPINE TWIST	RABBIT	CRANE	2:32			-0.5			-0.5
8	Michael	Dantzig	Nevada	RABBIT	BOW	STRETCHING	SPINE TWIST	ARCHER	OM	2:31	-0.5					0.0
9	Gary	Schall	New York	STANDING HEAD T	STANDING BOW	STRETCHING	SPINE TWIST	PEACOCK	TIGER	2:41	N	N	-1.0	-1.0	-0.5	N
10	Wayne	Campbell	Texas	RABBIT	BOW	UPWARD STRETCH	SPINE TWIST	CRANE	SIDE ANGLE	2:45			-0.5		-0.5	
11	Thomas	Forbang	Virginia	RABBIT	STANDING BOW	STRETCHING	SPINE TWIST	PEACOCK	SPLIT ARM	2:51						
12	Louis	Sears	Oregon	TORTOISE - FULL/L	BOW	STRETCHING	SPINE TWIST	SLEEPING YOG	OM							
13	Mohamed	Fathelbab	Virginia	RABBIT	STANDING BOW	STRETCHING	SPINE TWIST	STANDING HEA	FINGERSTAND	2:29	-1.0	-0.5			-0.5	-1.0
14	Michael	Ladroga	New Hampshire	RABBIT	BOW	UPWARD STRETCH	SPINE TWIST	ARCHER	HEADSTAND	2:34	-0.5	-0.5	-0.5		-0.5	-1.0
15	Mike	O'Connor	California	RABBIT	BOW	STANDING SPLIT	SPINE TWIST	SIDE ANGLE	HEADSTAND	2:17	-0.5		-0.5			-1.0
16	Jeffrey	Chen	Texas	STANDING HEAD T	STANDING BOW	UPWARD STRETCH	SPINE TWIST	CRANE	TIGER	2:44						
17	Peter	Kline	Massachusetts	RABBIT	BOW	STRETCHING	SPINE TWIST	UPWARD STRE	PEACOCK	2:43						
18	Michael	Rosa	New Hampshire	RABBIT	STANDING BOW	UPWARD STRETCH	SPINE TWIST	STANDING SPL	CRANE	2:47		-0.5				
19	Mitch	Watkins	Florida	RABBIT	STANDING BOW	UPWARD STRETCH	SPINE TWIST	ARCHER	TIGER	2:52		N			-1.0	
20	Paul	Moore	California	RABBIT	BOW	UPWARD STRETCH	SPINE TWIST	CRANE	HEADSTAND LO	2:51			-0.5			
21	Jeffrey	Rangel	California	STANDING HEAD T	STANDING BOW	STRETCHING	SPINE TWIST	CRANE	TIGER	2:38						-0.5