

Ramāmani Iyengar Memorial Yoga Institute

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It is heartening and delightful to note that “Bikram’s Yoga College of India”, Pune is sponsoring “All Indian National Yoga Championship” under the banner of “World Yoga Foundation and International Yoga Sports Federation” on the 7th of April 2012 at 11 am.

It was kind of the Organisers in cordially inviting me to bless the occasion.

As I will be honoured by the Indian Merchant’s Chamber Mumbai to receive the IMC Juran Quality Medal 2011 on the evening of the 6th of April, it is difficult for me to be here the next day as I have some commitments in Mumbai.

Out of the eight petals of yoga, the only petal that is exhibitivie is the yoga-asana-s where as the other petals ave very individual and

personal. As such there is nothing wrong in holding a competition on the qualitative presentation of the yoga-asana-s.

The judges also should have a good background practically on the subject for right and impartial judgement.

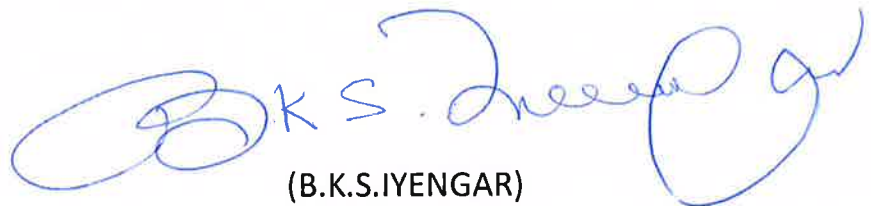
According to Lord Patanjali, the competitors should have a perfect body, consisting of beauty and form, grace and loveliness and ability in attracting people towards its practice, strength and their bodies hard and shining like a diamond and soft as a flower according to the situations.

rūpa lāvanya bala vajra samhananatvāni kāyasampat (III.47)

They should be thorough compactness and thorough integration of oneness from the Self to the Skin and from the Skin to the Self as a single unit involving the body, senses of perception, mind, intelligence, consciousness and conscience.

One who presents with these required qualities should be declared as a winner. Their presentation must be very natural with innocence and humility rather than pride and arrogance. Then I consider such competitions as healthy. It should be competition on the artistic level and not on egoistic body cult.

I wish all the participants good luck by keeping up the commands as advised by our great Sage Patanjali in their presentations.



(B.K.S.IYENGAR)

All India National Yoga Asana Championship 2012

Opening ceremony

- Starting of the function with a brief introduction of championship.
- Calling all the participants on stage for National Anthem and Deep lightning.
- Welcome speech by Mrs. Rajashree Choudhury.
- Sh. B.K.S Iyengar's message reading by Mrs. Rajashree Choudhury.
- Main inauguration speech by Mr. Gulshan Grover.
- Speech by Mr. Kamal Bhandari, chief judge.
- Speech by Mr. Jon Gans, Board of Directors, IYSF.
- Closing of the ceremony by Mrs. Rajashree by thanking everyone for their presence in the event followed by immediate start of championship.

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